

#### National Association Of Care Catering

#### **Social Care Catering**

# Who are the NACC?

Formed in 1987 Source of information and professional opinion

Aims are to: improve standards of catering provide a forum for debate exchange information and best practice develop standards research publish guidelines



## What do the NACC do ?

- Input into government policy
- Set standards
- Produce documentation
- Annual Conference
- Regional meetings
- National Community Meals Week
- Care Cook of the Year
- Website
- Yearbook





## The Care Catering Market Residential – 400,000 + beds Day care - x places

Community – 23 million meals home delivered ? million meals served at lunch Clubs



#### Pressure

#### Cost of Malnutrition £13.1 billion Reduced budget Increasing market size



### **Correlation of numbers**

**CM** Served

Malnutrition in over 65's cost

2003 34 m

£3.4b

2008 23 m £7

£7.9b

2012? ?
Source: BAPEN Combating Malnutrition Report figures Feb 2009



## The Risk

National Screening Week 2011 Malnutrition identified on Entry to hospital from a care home 41%

Entry from the community 30%



## Single Nutrition Standard

A recommended Nutritional Standard developed and launched In October 2010

Combined NACC community meals And CWT residential standards



#### The Regulator

Care Quality Commission

**Collaborative Nutrition Tool** 

Outcome 5 – Meeting Nutritional Needs http://www.cqc.org.uk/publications.cfm?fde\_id=16387



### Guidance

NACC developed guidance for the differing sectors
10 Key Characteristics of Good Nutritional Care for a care setting

http://www.thenacc.co.uk/resources/top\_tips



## Campaign

#### Dehydration in Older People Awareness Week

6<sup>th</sup> -12<sup>th</sup> June



# Potential impact of the campaign

Community Based Savings If the campaign maintains just ten people in their own home then the saving is £346,159

If these ten people were in residential care for a year the cost would be £459,160. Based on £883 per week per resident Figure from Under Pressure – Local Government Report by The Audit Commission

Keeping 10 people living in the community with a Community Support Service visiting for 2 hours per day, and with a hot community meal daily the costs would be -Community Support £12.98 @ 2hours = 94,751 Community Meals £5.00 @ 7 per week = 18,250 Total cost = £113,001



# Potential impact of the campaign

Preventing Hospital Admissions If the campaign prevents just two people\* a day Being admitted to or extending their stay in hospital by one night then the saving is £219,000

Occupying two beds would cost a hospital annually £219,000 based on the £300 per night costing. (University College London Hospital's Nov 2010 estimation of nightly cost of hospital bed.)

\*These people could be either living at home in the community or in a residential setting.



### **Opportunities for LA's**

Community Meals Operate service to include non eligible Added value reduces costs elsewhere – Safe & well being checks; CRB

Care Homes Over reliance on private sector in a growing market



#### Issues

Community Meals Signposted services are unregulated

Care Homes Lack of investment in to stock Private are for business – some good, many have poor understanding of value of good nutrition





#### Any Questions?

#### www.thenacc.co.uk

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